Powys	Powys County Council Secondary Menu November 2025			
	Main Meal & Vegetarian Options			
	Monday Week 1		Monday Week 2	Monday Week 3
		Week 1 , 5th Jan, 26th Jan, 23rd Feb, L6th March	Week 2 17th Nov, 8th Dec, 12th Jan, 2nd Feb, 2nd March, 23rd March	Week 3 3rd Nov, 24th Nov, 15th Dec, 19th Jan, 9th Feb, 9th March
Option 1	BREADED CHICKEN BURGER IN A BAP (1,3,6)		BEEF BURGER IN A BAP (1,4,8,6)	PORK & CARROT MEATBALLS (9) IN TOMATO & BASIL SAUCE
Option 2	VEGETABLE COUNTRY BAKE IN A BAP (1,2,6)		VEGETABLE COUNTRY BAKE IN A BAP (1,2,6)	VEGAN MEATFREE BALLS (4)
Carbohydrate	Mini Hash Brown Puffs		SEASONED CUBED POTATOES	PASTA TWISTS (1) & GARLIC BREAD (1,6)
Vegetables	Baked Beans & Sweetcorn Mixed Salad		BAKED BEANS & SWEETCORN MIXED SALAD	PEAS & SWEETCORN MIXED SALAD
Dessert	CHOCOLATE & MANDARIN SPONGE (1,2,3,4) & CHOCOLATE SAUCE (2)		APPLE CRUMBLE (1,4) & CUSTARD (2)	LEMON SPONGE (1,2,3,4) & Custard (2)
Option 1	Tuesday  OVEN BAKED SAUSAGE (1,4,9) & GRAVY		Tuesady  ROAST BEEF, YORKSHIRE PUDDINGS  (1,2,3) & GRAVY	Tuesday ROAST TURKEY & STUFFING (1) & GRAVY
Option 2	VEGAN SAUSAGE (1) & GRAVY		VEGAN SAUSAGE (1) & GRAVY	VEGETABLE COUNTRY BAKE (1,2)
Carbohydrate	MASHED POTATOES		MASHED POTATOES	MASHED POTATOES
Vegetables	SWEETCORN & CARROTS OR BAKED BEANS MIXED SALAD		CARROTS & BROCCOLI MIXED SALAD	GREEN BEANS & CARROTS MIXED SALAD
Dessert	WAFFLE (1,2,3,4) & ICE CREAM (2)		JAM ROLY POLY (1,2,4) & CUSTARD (2)	CHOCOLATE CRUNCH (1,4) CHOCOLATE SAUCE (2)
	Wednesday		Wednesday	Wednesday
Option 1	BEEF BOLOGNAISE OR LASAGNE (1,2,3,7)		CHICKEN KORMA (2) OR HUNTERS CHICKEN (2)	MINI GRILL(SAUSAGE & BACON) (1,4,9)
Option 2	VEGETABLE BOLOGNAISE OR VEGETABLE LASAGNE(1,2,3,4,7)		VEGETABLE KORMA (2)	VEGETABLE MINI GILL (2 VEG SAUSAGES) (1)
Carbohydrate	Pasta Twists (1) & Garlic Bread (1,6)		BOILED RICE & NAAN BREAD (1)	Hash Browns
Vegetables	BROCCOLI & MIXED VEGETABLES MIXED SALAD		SWEETCORN & PEAS MIXED SALAD	BAKED BEANS OR PEAS MIXED SALAD
Dessert	PLAIN COOKIE (1,2,3,4) & ORANGE OR APPLE JUICE CARTON		CHOCOLATE COOKIE (1,2,3,4) & ORANGE OR APPLE JUICE CARTON	FRUIT MUFFIN (1,2,3,4) & ORANGE OR APPLE JUICE CARTON
	Thursday		Thursday	Thursday
Option 1	ROAST TURKEY & STUFFING (1) & GRAVY		ROAST PORK WITH APPLE SAUCE & GRAVY	ROAST CHICKEN WITH STUFFING(1) & GRAVY
Option 2	VEGAN SAUSAGE (1) & GRAVY		BROCCOLI & CAULIFLOWER CHEESE (2)	CHEESE & POTATO PIE (2)
Carbohydrate	MASHED POTATOES		MASHED POTATOES	MASHED POTATOES
Vegetables	CARROTS & GREEN BEANS MIXED SALAD		CARROTS & BROCCOLI MIXED SALAD	CARROTS & GREEN CABBAGE MIXED SALAD
Dessert	SYRUP SPONGE (1,2,3,4) & CUSTARD (2)		CHEESECAKE (1,2,4)	PANCAKE (1,2,3) & ICE CREAM (2)
	Friday		Friday	Friday
Option 1	Breaded Cod (1,5) or Chicken Korma (2)		JUMBO BATTERED FISH FINGER (1,5) OR CHICKEN TIKKA (2)	Breaded Cod (1,5) or Chicken Korma (2)
Option 2	CHEESE PIZZA (1,2)		VEGETABLE COUNTRY BAKE (1,2)	CHEESE PIZZA (1,2)
Carbohydrate	CHIPS, RICE OR PASTA TWISTS (1)		CHIPS, RICE OR PASTA TWISTS (1)	CHIPS, RICE OR PASTA TWISTS (1)
Vegetables	PEAS & BAKED BEANS MIXED SALAD		PEAS & BAKED BEANS MIXED SALAD	PEAS & BAKED BEANS MIXED SALAD
Dessert	CHOCOLATE HAYSTACK (1,2) ORANGE OR APPLE JUICE CARTON		FLAPJACK (1) ORANGE OR APPLE JUICE CARTON	CARROT CAKE MUFFIN (1,2,3,4) ORANGE OR APPLE JUICE CARTON
1. CEREAL/GLUTEN	2.MILK	3. EGG	4. SOYA	5.FISH
6. SESAME	7. MUSTARD	8. CELERY	9. SULPHUR DIOXIDE	10. PEANUTS
11. LUPIN	12. MOLLUSCS	13. CRUSTACEANS	14. NUTS	CONTAINS / MAY CONTAIN

We offer Jacket Potatoes daily with various fillings. We offer fresh fruit as an alternative to our daily dessert option. We also provide jugs of drinking water in our dining halls to promote good hydration with learners. Food Allergies - Please email catering@powys.gov.uk. Due to circumstances beyond our control, there may at times be a slight variance in our menus, we apologise for any inconvenience this may cause.